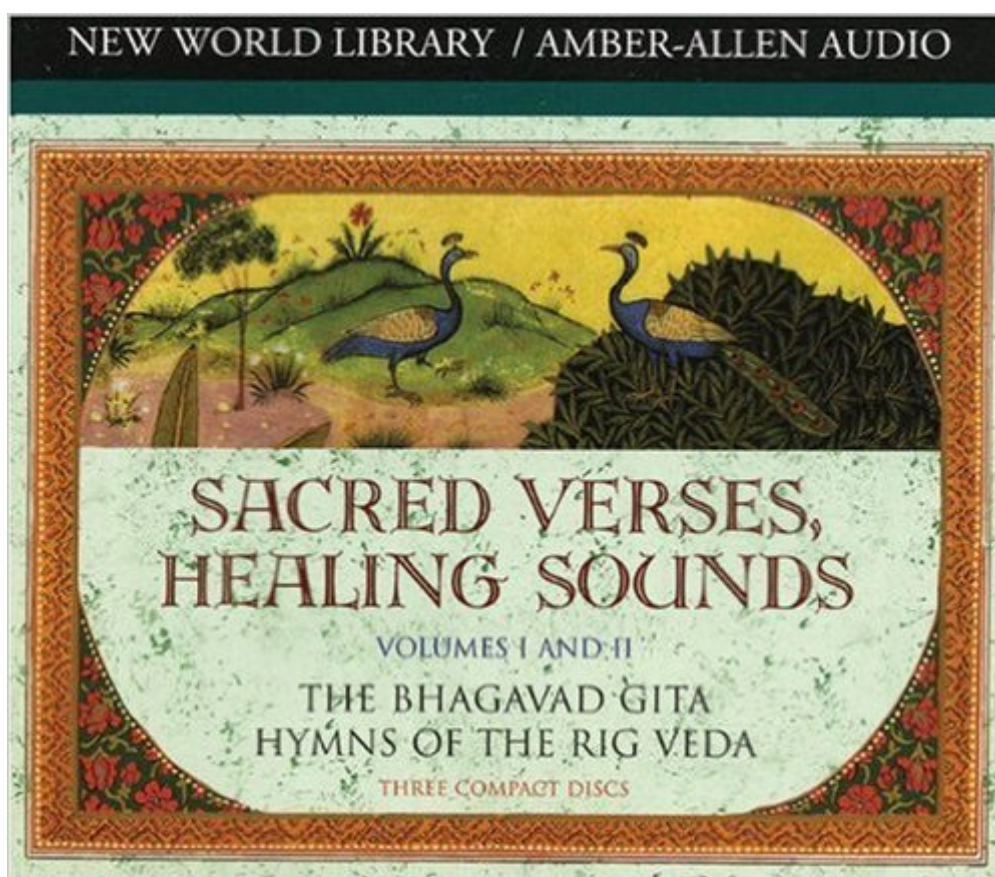


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# Sacred Verses, Healing Sounds, Volumes I And II: The Bhagavad Gita, Hymns Of The Rig Veda (Chopra, Deepak)



## Synopsis

In this illuminating audio experience, Deepak Chopra invites the listener to experience the therapeutic power of sound through language and music. Part 1 opens with Deepak discussing how language shapes material reality, influencing our beliefs and behavioral responses. He continues with a reading of sacred verses taken from The Bhagavad Gita. Each verse is introduced by Deepak, providing context and interpretation for contemporary listeners. The ancient verses provide knowledge and clarity, their power evoked through the very sounds of the words themselves. As one listens closely to the verses, their insights, knowings, intuitions, and physiological responses are revealed, bestowing peace, harmony, laughter, love, and above all, healing.

## Book Information

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## Customer Reviews

Wow. This has to be one of the most important things I will have ever heard and I recommend it for these features ...1 - Dr. Chopra explains how language is the vibrational dynamic that brings the unmanifest into form2 - The music of India is beautiful and moving as it interweaves his speaking and reading3 - He explains how the Gita (Song of God) in whichever language we are hearing it can raise our vibration or growth rate or consciousness - however to say that I am not sure - can enhance our spiritual progress, yes that's it, just by the very words that contain sacred intention and sacred sound ... in any language ... and he explains why ...4 - Then he reads and comments upon the Gita in a way that only a greatly awakened god-realized soul can do ... and as he does this, he

makes the story fit our lives as it was always meant to do ...5 - He shares some of the ancient hymns and myths that were handed down orally for thousands of years before written language ... in doing so, he brings into present time the great beauty faith devotion and healing intentions of the ancient seers or rishis of India ... and really, it's good enough for goose bumps and tears ...I cannot thank him enough for doing this ... it's a work that I found once on tapes, part of this three CD set, and thought it was very beautiful ... those old tapes were lost and recently I remembered the effect they had ... of raising my vision to the beauty and truth of our lives ... each and every one of us ...There's a fabulous line that comes up a couple of times ... the saint and the sinner are just exchanging notes ... the saint has sinned and the sinner will be saintly and I don't need the burden of judgment ...Right on ...

Listening to Deepak Chopra's resonating voice, accompanied by subtle background Indian sitar music, is a healing experience. Also, his brief explanations of the verses is illuminating. I find I frequently play the CDs while working or resting. It is even relaxing to play while cooking :-).I first checked this out as a tape set from the library. It was so wonderful that I bought my own copy on CD. It starts out with an interesting lecture on the use of language and how the Bhagavad Gita is constructed such that listening to the verses raises healing.

If you're practicing Transcendental Meditation and have gone to a few lectures on TM, maybe even a residence course or two, you've probably been introduced to the Bhagavad Gita. Deepak tells the story of Arjuna and the conflict facing him as he goes to the battle field, the role of Krishna and ties this all together in a profound revelation of what the transcendent field is. It is an excellent refresher of some of the lectures given by Maharishi. Of course, Maharishi conveys the story from a different level of consciousness, the God level. Deepak tells the story more from the "awake" field of consciousness which is effective for non-meditators. He conveys the deeper meaning behind the story to great effect nevertheless. The means soooo much more, however, if you learn the practice of TM. This reading is also good for sidhas too as Deepak also brings out some pointers for this practice as well. This is also an excellent CD even if you'r not a practicing TMer. Deepak teaches meditation to the listener by using the breath as a mantra. The only drawback is the background sitar music. It's ok just for the first few times, but Deepak should say that in actual practice, the only condition for meditation is practicing it in silence.

Deepak Chopra explains the meaning of the Bhagavad Gita and made it clear and easy to

understand. Good to listen to, the end -last verse- was missing. It seems as if the recording studio ran out of time. But Dr. Chopra covered all the verses well and not much was missed.

This AudioBook is great! Inspirational, Soothing, and Informative! I have listened to this set a number of times, always finding something new. Deepak Chopra is a true master of pen and spirit.

You will love this CD, if you want to progress on your path to awakening by this CD. If you want to have a greater understanding of the Bhagavad Gita and broaden your horizons this is essential to your sound library. I now have this on my mp3 player and love it!

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